

Wettkampf 14 - 400m Freistil weiblich

REK: 04:19,72 - Denise Gruhn (SG Dortmund) am 16.04.2016

Jahrgang 2016

1.	Jara Kalisch	2016	SC Herford	05:39,83	9
	100m: 01:23,97 (01:23,97) 200m: 02:51,33 (01:27,36) 300m: 04:18,30 (01:26,97) 400m: 05:39,83 (01:21,53)				
2.	Thea Scharlau	2016	SG Schwimmen Münster	06:06,77	7
	100m: 01:27,92 (01:27,92) 200m: 03:03,75 (01:35,83) 300m: 04:39,10 (01:35,35) 400m: 06:06,77 (01:27,67)				
3.	Sophie Harder	2016	SG Schwimmen Münster	06:35,83	
	100m: 01:34,80 (01:34,80) 200m: 03:17,21 (01:42,41) 300m: 04:58,08 (01:40,87) 400m: 06:35,83 (01:37,75)				
4.	Jonna Jostmeier	2016	SC Undine Beckum	06:48,45	6
	100m: 01:36,75 (01:36,75) 200m: 03:17,27 (01:40,52) 300m: 05:04,53 (01:47,26) 400m: 06:48,45 (01:43,92)				
5.	Laura Berning	2016	SG Schwimmen Münster	06:54,79	
	100m: 01:36,09 (01:36,09) 200m: 03:24,72 (01:48,63) 300m: 05:13,65 (01:48,93) 400m: 06:54,79 (01:41,14)				
6.	Sophie Oldag	2016	SG Schwimmen Münster	06:57,53	
	100m: 01:38,10 (01:38,10) 200m: 03:27,46 (01:49,36) 300m: 05:16,25 (01:48,79) 400m: 06:57,53 (01:41,28)				
7.	Victoria Loreto	2016	SC Undine Beckum	06:57,96	
	100m: 01:37,38 (01:37,38) 200m: 03:23,64 (01:46,26) 300m: 05:14,40 (01:50,76) 400m: 06:57,96 (01:43,56)				
8.	Lukerija Yakymenko	2016	SG Schwimmen Münster	06:58,75	
	100m: 01:32,30 (01:32,30) 200m: 03:17,51 (01:45,21) 300m: 04:48,38 (01:30,87) 400m: 06:58,75 (02:10,37)				
9.	Maren Altenau	2016	Warendorfer SU	06:59,04	5
	100m: 01:38,02 (01:38,02) 200m: 03:27,12 (01:49,10) 300m: 05:19,36 (01:52,24) 400m: 06:59,04 (01:39,68)				
10.	Lina Bermel	2016	SC Undine Beckum	07:20,32	
	100m: 01:43,08 (01:43,08) 200m: 03:39,12 (01:56,04) 300m: 05:35,67 (01:56,55) 400m: 07:20,32 (01:44,65)				
11.	Sofia-Elena Poplacean	2016	SC Undine Beckum	07:35,39	
	100m: 01:43,54 (01:43,54) 200m: 03:42,70 (01:59,16) 300m: 05:38,71 (01:56,01) 400m: 07:35,39 (01:56,68)				
12.	Delara Jamhiri	2016	SG Schwimmen Münster	07:49,55	
	100m: 01:47,82 (01:47,82) 200m: 03:47,55 (01:59,73) 300m: 05:48,86 (02:01,31) 400m: 07:49,55 (02:00,69)				

nicht am Start

Ina Moschner 2016 SG Schwimmen Münster

Jahrgang 2015

1.	Charlotte Thyssen	2015	SG Gladbeck/Recklinghausen	05:37,23	9
	100m: 01:17,02 (01:17,02) 200m: 02:45,40 (01:28,38) 300m: 04:13,93 (01:28,53) 400m: 05:37,23 (01:23,30)				
2.	Pauline Kamp	2015	SG Schwimmen Münster	05:40,42	7
	100m: 01:19,84 (01:19,84) 200m: 02:46,54 (01:26,70) 300m: 04:14,65 (01:28,11) 400m: 05:40,42 (01:25,77)				
3.	Jenna-Maria Oudghough	2015	SC Undine Beckum	05:47,13	6
	100m: 01:16,89 (01:16,89) 200m: 02:44,51 (01:27,62) 300m: 04:16,28 (01:31,77) 400m: 05:47,13 (01:30,85)				
4.	Marilene Hansen	2015	SG Schwimmen Münster	05:54,37	
	100m: 01:23,99 (01:23,99) 200m: 02:55,63 (01:31,64) 300m: 04:26,59 (01:30,96) 400m: 05:54,37 (01:27,78)				
5.	Carlotta Behlert	2015	SG Gladbeck/Recklinghausen	06:07,84	
	100m: 01:28,91 (01:28,91) 200m: 03:03,72 (01:34,81) 300m: 04:37,27 (01:33,55) 400m: 06:07,84 (01:30,57)				
6.	Milana Masalova	2015	SC Herford	06:18,54	5
	100m: 01:28,03 (01:28,03) 200m: 03:07,73 (01:39,70) 300m: 04:46,75 (01:39,02) 400m: 06:18,54 (01:31,79)				
7.	Martha Jeibmann	2015	SG Schwimmen Münster	06:27,36	
	100m: 01:29,63 (01:29,63) 200m: 03:07,84 (01:38,21) 300m: 04:48,17 (01:40,33) 400m: 06:27,36 (01:39,19)				
8.	Karlina Shen	2015	1. Paderborner SV 1911	06:31,16	4
	100m: 01:30,97 (01:30,97) 200m: 03:12,83 (01:41,86) 300m: 04:53,98 (01:41,15) 400m: 06:31,16 (01:37,18)				
9.	Hannah Hemker	2015	SV Olympia Borghorst	06:41,25	3
	100m: 01:36,26 (01:36,26) 200m: 03:21,04 (01:44,78) 300m: 05:04,75 (01:43,71) 400m: 06:41,25 (01:36,50)				
10.	Rieke Barczak	2015	SV Olympia Borghorst	06:54,03	
	100m: 01:39,77 (01:39,77) 200m: 03:28,18 (01:48,41) 300m: 05:16,69 (01:48,51) 400m: 06:54,03 (01:37,34)				
11.	Charlotte Kilpatrick	2015	1. Paderborner SV 1911	07:05,23	
	100m: 01:39,80 (01:39,80) 200m: 03:27,85 (01:48,05) 300m: 05:17,95 (01:50,10) 400m: 07:05,23 (01:47,28)				
12.	Marit Klemmer	2015	SV Greven	07:51,15	2
	100m: 01:45,16 (01:45,16) 200m: 03:48,40 (02:03,24) 300m: 05:52,39 (02:03,99) 400m: 07:51,15 (01:58,76)				

noch Wettkampf 14 - 400m Freistil weiblich**Jahrgang 2014**

1.	Lotta Maria Trittschack	2014	SG Gladbeck/Recklinghausen	05:11,53	9
	<i>100m: 01:13,86 (01:13,86) 200m: 02:34,49 (01:20,63) 300m: 03:54,53 (01:20,04) 400m: 05:11,53 (01:17,00)</i>				
2.	Marlene Rhein	2014	SG Gladbeck/Recklinghausen	05:13,86	
	<i>100m: 01:12,90 (01:12,90) 200m: 02:33,12 (01:20,22) 300m: 03:54,49 (01:21,37) 400m: 05:13,86 (01:19,37)</i>				
3.	Linnéa Mathilde Rebou	2014	SG Gladbeck/Recklinghausen	05:23,43	
	<i>100m: 01:11,83 (01:11,83) 200m: 02:33,92 (01:22,09) 300m: 03:59,07 (01:25,15) 400m: 05:23,43 (01:24,36)</i>				
4.	Kate Armitage	2014	SG Gladbeck/Recklinghausen	05:30,98	
	<i>100m: 01:16,39 (01:16,39) 200m: 02:41,02 (01:24,63) 300m: 04:08,02 (01:27,00) 400m: 05:30,98 (01:22,96)</i>				
5.	Josefine Aydin	2014	SG Gladbeck/Recklinghausen	05:33,14	
	<i>100m: 01:21,38 (01:21,38) 200m: 02:46,45 (01:25,07) 300m: 04:11,96 (01:25,51) 400m: 05:33,14 (01:21,18)</i>				
6.	Paula Johanna Trittschack	2014	SG Gladbeck/Recklinghausen	05:33,54	
	<i>100m: 01:21,46 (01:21,46) 200m: 02:46,99 (01:25,53) 300m: 04:12,73 (01:25,74) 400m: 05:33,54 (01:20,81)</i>				
7.	Mia Spinner	2014	SG Gladbeck/Recklinghausen	05:36,08	
	<i>100m: 01:18,23 (01:18,23) 200m: 02:45,31 (01:27,08) 300m: 04:12,38 (01:27,07) 400m: 05:36,08 (01:23,70)</i>				
8.	Johanna Kleynmans	2014	SG Gladbeck/Recklinghausen	05:41,40	
	<i>100m: 01:22,60 (01:22,60) 200m: 02:48,23 (01:25,63) 300m: 04:16,69 (01:28,46) 400m: 05:41,40 (01:24,71)</i>				
9.	Merle Schörner	2014	SC Steinhagen-Amshausen	06:02,86	7
	<i>100m: 01:23,39 (01:23,39) 200m: 02:57,84 (01:34,45) 300m: 04:33,34 (01:35,50) 400m: 06:02,86 (01:29,52)</i>				
10.	Laetitia Kuhlpetter	2014	1. Paderborner SV 1911	06:03,88	6
	<i>100m: 01:24,33 (01:24,33) 200m: 02:58,08 (01:33,75) 300m: 04:31,44 (01:33,36) 400m: 06:03,88 (01:32,44)</i>				
11.	Leni Peters	2014	SV TuS 1925 Herten e.V.	06:03,95	5
	<i>100m: 01:24,59 (01:24,59) 200m: 02:58,32 (01:33,73) 300m: 04:33,91 (01:35,59) 400m: 06:03,95 (01:30,04)</i>				
12.	Enna Petring	2014	SV Greven	06:07,44	4
	<i>100m: 01:26,09 (01:26,09) 200m: 03:03,01 (01:36,92) 300m: 04:39,17 (01:36,16) 400m: 06:07,44 (01:28,27)</i>				
13.	Alina Harder	2014	SC Coesfeld	06:33,92	3
	<i>100m: 01:31,25 (01:31,25) 200m: 03:12,92 (01:41,67) 300m: 04:55,98 (01:43,06) 400m: 06:33,92 (01:37,94)</i>				

nicht am Start

Lina Margott	2014	Warendorfer SU
Nike Kolewe	2014	SGS Bückeberg

Jahrgang 2013

1.	Sára Szabó	2013	SG Schwimmen Münster	04:49,19	9
	<i>100m: 01:09,09 (01:09,09) 200m: 02:23,91 (01:14,82) 300m: 03:37,42 (01:13,51) 400m: 04:49,19 (01:11,77)</i>				
2.	Emily Lea Görke	2013	SG Gladbeck/Recklinghausen	04:53,58	7
	<i>100m: 01:09,91 (01:09,91) 200m: 02:25,39 (01:15,48) 300m: 03:41,34 (01:15,95) 400m: 04:53,58 (01:12,24)</i>				
3.	Tilda-Constanze Grund	2013	SG Schwimmen Münster	04:57,25	
	<i>100m: 01:12,84 (01:12,84) 200m: 02:28,61 (01:15,77) 300m: 03:43,54 (01:14,93) 400m: 04:57,25 (01:13,71)</i>				
4.	Luna Marie Bolz	2013	TSG 07 Burg Gretesch	05:08,38	6
	<i>100m: 01:10,68 (01:10,68) 200m: 02:29,13 (01:18,45) 300m: 03:49,18 (01:20,05) 400m: 05:08,38 (01:19,20)</i>				
5.	Anna Ruzickova	2013	SG Schwimmen Münster	05:28,13	
	<i>100m: 01:15,64 (01:15,64) 200m: 02:39,91 (01:24,27) 300m: 04:03,70 (01:23,79) 400m: 05:28,13 (01:24,43)</i>				
6.	Fleur Maaß	2013	1. Paderborner SV 1911	05:33,59	5
	<i>100m: 01:19,28 (01:19,28) 200m: 02:45,80 (01:26,52) 300m: 04:15,41 (01:29,61) 400m: 05:33,59 (01:18,18)</i>				
7.	Linda Theresa Schröer	2013	SC Herford	05:38,06	4
	<i>100m: 01:20,74 (01:20,74) 200m: 02:47,15 (01:26,41) 300m: 04:15,62 (01:28,47) 400m: 05:38,06 (01:22,44)</i>				
8.	Lia Trewer	2013	SV TuS 1925 Herten e.V.	05:50,61	3
	<i>100m: 01:22,98 (01:22,98) 200m: 02:51,57 (01:28,59) 300m: 04:22,07 (01:30,50) 400m: 05:50,61 (01:28,54)</i>				
9.	Nike Luka Tenhaef	2013	SV Olympia Borghorst	06:16,41	2
	<i>100m: 01:30,17 (01:30,17) 200m: 03:07,50 (01:37,33) 300m: 04:44,70 (01:37,20) 400m: 06:16,41 (01:31,71)</i>				
10.	Amelie Ferber	2013	SSC90 Schloß Holte-Stukenbrock	07:15,33	1
	<i>100m: 01:37,92 (01:37,92) 200m: 03:30,86 (01:52,94) 300m: 05:26,13 (01:55,27) 400m: 07:15,33 (01:49,20)</i>				

nicht am Start

Stella Liebeck	2013	1. Paderborner SV 1911
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noch Wettkampf 14 - 400m Freistil weiblich**Jahrgang 2012**

1.	Marie Wolff	2012	TSG 07 Burg Gretesch	05:01,73	9
	100m: 01:10,65 (01:10,65) 200m: 02:27,50 (01:16,85) 300m: 03:44,75 (01:17,25) 400m: 05:01,73 (01:16,98)				
2.	Charlotte Kerkmann	2012	SV 1860 Minden	05:10,87	7
	100m: 01:11,78 (01:11,78) 200m: 02:31,69 (01:19,91) 300m: 03:54,46 (01:22,77) 400m: 05:10,87 (01:16,41)				
3.	Milla Huster	2012	SC Coesfeld	05:35,84	6
	100m: 01:15,57 (01:15,57) 200m: 02:41,35 (01:25,78) 300m: 04:10,09 (01:28,74) 400m: 05:35,84 (01:25,75)				
4.	Isabelle Nohr	2012	Dürener TV 1847 e.V.	05:40,12	5
	100m: 01:20,45 (01:20,45) 200m: 02:48,53 (01:28,08) 300m: 04:16,65 (01:28,12) 400m: 05:40,12 (01:23,47)				
5.	Nele Stegemann	2012	SV Greven	05:55,20	4
	100m: 01:20,70 (01:20,70) 200m: 02:51,99 (01:31,29) 300m: 04:24,87 (01:32,88) 400m: 05:55,20 (01:30,33)				
6.	Ellen Schütze	2012	TSG 07 Burg Gretesch	05:58,16	
	100m: 01:23,63 (01:23,63) 200m: 02:55,16 (01:31,53) 300m: 04:28,85 (01:33,69) 400m: 05:58,16 (01:29,31)				
7.	Ylva Solinsky	2012	TSG 07 Burg Gretesch	05:58,21	
	100m: 01:23,81 (01:23,81) 200m: 02:54,99 (01:31,18) 300m: 04:28,40 (01:33,41) 400m: 05:58,21 (01:29,81)				
8.	Aki Neite	2012	Warendorfer SU	06:06,14	3
	100m: 01:27,29 (01:27,29) 200m: 03:01,93 (01:34,64) 300m: 04:38,01 (01:36,08) 400m: 06:06,14 (01:28,13)				
9.	Zlata Borysov	2012	SV Greven	06:06,46	
	100m: 01:22,41 (01:22,41) 200m: 02:56,67 (01:34,26) 300m: 04:33,36 (01:36,69) 400m: 06:06,46 (01:33,10)				
10.	Anni Lagemann	2012	SV Olympia Borghorst	06:15,11	2
	100m: 01:29,39 (01:29,39) 200m: 03:06,42 (01:37,03) 300m: 04:42,91 (01:36,49) 400m: 06:15,11 (01:32,20)				
11.	Grace Stevens	2012	SSC90 Schloß Holte-Stukenbrock	06:46,14	1
	100m: 01:33,98 (01:33,98) 200m: 03:21,05 (01:47,07) 300m: 05:06,53 (01:45,48) 400m: 06:46,14 (01:39,61)				
12.	Emma Birkenhake	2012	SSC90 Schloß Holte-Stukenbrock	06:46,58	
	100m: 01:36,87 (01:36,87) 200m: 03:22,67 (01:45,80) 300m: 05:07,25 (01:44,58) 400m: 06:46,58 (01:39,33)				

nicht am Start

Sofia Krabbe 2012 SV Gronau 1910 e.V.

Jahrgang 2011

1.	Imke Oude Engberink	2011	De Dinkel	05:19,08	9
	100m: 01:15,33 (01:15,33) 200m: 02:38,14 (01:22,81) 300m: 03:59,66 (01:21,52) 400m: 05:19,08 (01:19,42)				
2.	Heidi Pollmeier	2011	SSC90 Schloß Holte-Stukenbrock	05:31,99	7
	100m: 01:17,25 (01:17,25) 200m: 02:43,13 (01:25,88) 300m: 04:09,74 (01:26,61) 400m: 05:31,99 (01:22,25)				
3.	Mira Hecht	2011	SV DJK Teutonia Waltrop	05:38,26	6
	100m: 01:17,60 (01:17,60) 200m: 02:45,35 (01:27,75) 300m: 04:14,30 (01:28,95) 400m: 05:38,26 (01:23,96)				
4.	Lucie Michels	2011	SSC90 Schloß Holte-Stukenbrock	05:45,20	
	100m: 01:23,10 (01:23,10) 200m: 02:54,00 (01:30,90) 300m: 04:23,85 (01:29,85) 400m: 05:45,20 (01:21,35)				
5.	Malia Petring	2011	SV Greven	06:02,09	5
	100m: 01:24,64 (01:24,64) 200m: 02:59,76 (01:35,12) 300m: 04:34,99 (01:35,23) 400m: 06:02,09 (01:27,10)				

nicht am Start

Kayleen Reinartz 2011 Dürener TV 1847 e.V.

abgemeldet

Daria Szczurek 2011 SSC90 Schloß Holte-Stukenbrock

Jugend A

1.	Darleen Kock	2010	SG Gladbeck/Recklinghausen	04:53,94	9
	100m: 01:09,01 (01:09,01) 200m: 02:23,90 (01:14,89) 300m: 03:38,82 (01:14,92) 400m: 04:53,94 (01:15,12)				
2.	Anna Meier	2010	SV TuS 1925 Herten e.V.	05:10,10	7
	100m: 01:14,08 (01:14,08) 200m: 02:33,47 (01:19,39) 300m: 03:53,39 (01:19,92) 400m: 05:10,10 (01:16,71)				
3.	Leonie Kronsbein	2010	SSC90 Schloß Holte-Stukenbrock	05:10,51	6
	100m: 01:11,42 (01:11,42) 200m: 02:31,01 (01:19,59) 300m: 03:50,81 (01:19,80) 400m: 05:10,51 (01:19,70)				
4.	Neele Plauschinn	2009	Gütersloher SV	05:11,49	5
	100m: 01:14,21 (01:14,21) 200m: 02:34,56 (01:20,35) 300m: 03:54,46 (01:19,90) 400m: 05:11,49 (01:17,03)				

noch Wettkampf 14 - 400m Freistil weiblich**noch Jugend A**

5.	Anna Brockpähler	2009	SSC90 Schloß Holte-Stukenbrock	05:13,06	
	<i>100m: 01:12,28 (01:12,28) 200m: 02:31,13 (01:18,85) 300m: 03:51,78 (01:20,65) 400m: 05:13,06 (01:21,28)</i>				
6.	Alea Kronsbein	2010	SSC90 Schloß Holte-Stukenbrock	05:25,74	
	<i>100m: 01:17,59 (01:17,59) 200m: 02:41,61 (01:24,02) 300m: 04:04,75 (01:23,14) 400m: 05:25,74 (01:20,99)</i>				
7.	Katharina Kurk	2010	SV Greven	05:26,00	4
	<i>100m: 01:12,05 (01:12,05) 200m: 02:35,26 (01:23,21) 300m: 04:02,06 (01:26,80) 400m: 05:26,00 (01:23,94)</i>				
8.	Finja Berning	2009	SSC90 Schloß Holte-Stukenbrock	05:27,90	
	<i>100m: 01:14,61 (01:14,61) 200m: 02:35,61 (01:21,00) 300m: 04:00,92 (01:25,31) 400m: 05:27,90 (01:26,98)</i>				
9.	Antonia Gaida	2010	Warendorfer SU	05:38,54	3
	<i>100m: 01:17,45 (01:17,45) 200m: 02:44,71 (01:27,26) 300m: 04:13,92 (01:29,21) 400m: 05:38,54 (01:24,62)</i>				
10.	Johanna Marie Winkler	2010	TSG 07 Burg Gresetch	05:38,62	2
	<i>100m: 01:19,60 (01:19,60) 200m: 02:45,70 (01:26,10) 300m: 04:13,33 (01:27,63) 400m: 05:38,62 (01:25,29)</i>				
11.	Neele Berning	2009	SSC90 Schloß Holte-Stukenbrock	05:43,83	
	<i>100m: 01:21,28 (01:21,28) 200m: 02:49,44 (01:28,16) 300m: 04:18,09 (01:28,65) 400m: 05:43,83 (01:25,74)</i>				
12.	Jolina de Vlaming	2010	SSC90 Schloß Holte-Stukenbrock	05:46,20	
	<i>100m: 01:20,72 (01:20,72) 200m: 02:49,19 (01:28,47) 300m: 04:19,55 (01:30,36) 400m: 05:46,20 (01:26,65)</i>				
13.	Teresa Krabbe	2009	SV Gronau 1910 e.V.	05:51,73	1
	<i>100m: 01:18,72 (01:18,72) 200m: 02:49,54 (01:30,82) 300m: 04:22,06 (01:32,52) 400m: 05:51,73 (01:29,67)</i>				
14.	Emma Mashänsler	2010	SSC90 Schloß Holte-Stukenbrock	05:54,37	
	<i>100m: 01:24,02 (01:24,02) 200m: 02:53,78 (01:29,76) 300m: 04:25,07 (01:31,29) 400m: 05:54,37 (01:29,30)</i>				

abgemeldet

Jule de Vlaming 2010 SSC90 Schloß Holte-Stukenbrock

Jahrgang 2008 und älter

1.	Carina Westerlemke	1989	SG Oelde	05:07,90	9
	<i>100m: 01:10,38 (01:10,38) 200m: 02:30,26 (01:19,88) 300m: 03:50,00 (01:19,74) 400m: 05:07,90 (01:17,90)</i>				
2.	Annika Lekon	2003	SG Schwimmen Münster	05:19,06	7
	<i>100m: 01:17,16 (01:17,16) 200m: 02:38,42 (01:21,26) 300m: 03:59,89 (01:21,47) 400m: 05:19,06 (01:19,17)</i>				
3.	Stefanie Sievernich	2002	Schwimmverein Wasserhelden	05:21,21	6
	<i>100m: 01:10,25 (01:10,25) 200m: 02:31,55 (01:21,30) 300m: 03:56,72 (01:25,17) 400m: 05:21,21 (01:24,49)</i>				
4.	Sophia Neuhaus	2000	SV TuS 1925 Herten e.V.	05:36,32	5
	<i>100m: 01:18,83 (01:18,83) 200m: 02:44,76 (01:25,93) 300m: 04:11,29 (01:26,53) 400m: 05:36,32 (01:25,03)</i>				
5.	Anna Charlotte Börgerding	2001	SSC90 Schloß Holte-Stukenbrock	05:43,23	4
	<i>100m: 01:21,79 (01:21,79) 200m: 02:50,58 (01:28,79) 300m: 04:19,09 (01:28,51) 400m: 05:43,23 (01:24,14)</i>				
6.	Noelle Amelie Bruns	2006	Warendorfer SU	05:44,62	3
	<i>100m: 01:18,61 (01:18,61) 200m: 02:47,51 (01:28,90) 300m: 04:17,21 (01:29,70) 400m: 05:44,62 (01:27,41)</i>				
7.	Svea Grundmann	2008	Dürener TV 1847 e.V.	05:48,11	2
	<i>100m: 01:19,85 (01:19,85) 200m: 02:50,33 (01:30,48) 300m: 04:21,96 (01:31,63) 400m: 05:48,11 (01:26,15)</i>				

nicht am Start

Jona Luise Finken 2007 SC Steinhagen-Amshausen